

## INFANT TRAVEL CHECKLIST

### Diaper Change

Diapers
Wet wipes
Changing pad
Disposable bags for soiled diapers
Diaper rash cream
Hand sanitizer

### Medicines / First Aid

Daily supplements like vitamin D
Paracetamol
Thermometer
Adhesive bandage strips
Nail clippers
Bulb syringe

### Feeding

Bottle of expressed milk / formula
Burp cloths & Tissues
Nursing cover
Nursing pad

### For Mom

Wallet & Keys
Phone
Snacks
Water bottle

### Comfort

Pacifier / Teether
Soft blanket
Soft toy
Hat / Mittens
Sleeping bag

### For Toddler

Snacks, Spoon & Bib
Sippy cup of water
Sunscreen
Favourite Book
Portable potty

### Travel Items

Swim suit
Jacket
Booties, Shoes & Socks
Head bands / Accessories
Baby Carrier
Travel Buggy

### Toiletries

Tooth Brush
Tooth Paste
Body wash
Shampoo
Moisturizer
Hair Brush